



# St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)



3rd Sunday of Lent -  
Year A  
12th March 2023

Archdiocese of Canberra & Goulburn  
Archbishop: Most Rev Christopher Prowse DD STD  
Administrator: Fr Trenton van Reesch  
Assistant Priest: Fr Alexander Osborne

**PARISH OFFICE**

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (bh)

cathedral@cg.org.au www.cg.org.au/cathedral

Online Payments Link: www.bpoint.com.au/payments/sccp

**Parish Secretary:** Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday

**Accounts Officer:** Karina Widjaja—8am-4pm Friday



YEAR OF WALKING  
TOGETHER

8th August 2022-  
8th August 2023

## Sunday Mass

### **St Christopher's**

Cnr Canberra Ave & Furneaux  
Street, Forrest (Manuka) ACT

**Sat. Vigil:** 5.00pm

**Sunday:** 8.00am,  
11.00am  
5.00pm

### **St Peter Chanel's**

Cnr Weston & Loch Streets,  
Yarralumla ACT

**Saturday:** 6.00pm Vigil

**Sunday:** 9.30am

## Weekday Mass

### **St Christopher's**

**Monday to Friday:** 7.30am &  
12.15pm

**Saturday (& Public Holidays):**  
9.00am & 12.15pm

### **St Peter Chanel's**

**Tuesday:** 5.30pm

**Thursday:** 10.00am

Anointing Mass (2nd Thurs of month)

## Reconciliation

### **St Christopher's**

**Wednesday:** 11.30am-12.00noon

**Thursday:** 6.00 - 6.30pm

**Saturday:** 11.00am - 12noon

### **St Peter Chanel's**

**Tuesday:** 6.00 - 6.30pm

**Saturday:** 5.15 - 5.45pm

## Adoration

### **St Christopher's**

**Monday to Friday:** 5.00-6.00pm

## Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun  
4:45pm

## Baptisms

2nd & 4th Sundays: 12.30pm

## Weddings

**St Christopher's:** Saturday  
1.30pm & 3.00pm

**St Peter Chanel's:** By arrangement

## CATHEDRAL YOUTH COORDINATORS FOR 2023

St Christopher's Parish! We're excited to introduce ourselves as the Youth Coordinators for this year!

We'll be working as a two person team, Chiara Catanzariti and Andre Le. Here's a bit about us:

### Andre

Hi everyone! I'm Andre, if you haven't already seen me reading at the occasional Mass, I figured it would be a good idea to let you know a bit more about me to help break the ice. I graduated from Marist College in 2019 where I was part of the youth ministry team, drama and music classes, I am now in the process of completing a double degree in Psychology and Music and hoping to pursue a Masters in Music Therapy afterwards. I'm a massive geek (Marvel/Star Wars/HP etc.), I enjoy theatre, music, crafts, calisthenics, our precious dogs that we have been blessed with and of course...long walks on the beach. My spiritual life has been best when I am able to ask hard questions and dig deep into concepts that we don't usually get to in school or youth groups, which is why I am incredibly keen to support the work of those already here who are doing just that.

### Chiara

Hi everyone! I might be a familiar face! It is a joy to be serving again as a youth coordinator. I was first in this role in 2019-2020. I am a St. Clare's College alumni, and have completed my Bachelor of Commerce. When I'm not playing soccer I love supporting Man City in the EPL and the Parramatta Eels in the NRL. I am abundantly grateful for the gift of my faith. I am passionate about encountering the true presence of our Lord in the sacraments and being in a community that encourages one another to grow closer to God. I also love our Blessed Mother and her Immaculate Heart that loves to intercede for us and our intentions.

### Vision/Ideas

We are grateful for our passions and strengths and together, we look forward to connecting with this wonderful Parish community and providing a space where all young adults are welcome and supported in their journeys. We have a passion for helping people to unveil more of the beauty of the Catholic faith, especially through the gifts of the Sacraments. We aim to provide opportunities for Catechesis and of course, no journey should be taken in isolation, which is why we also want to make sure everyone has an opportunity to meet and connect with others. We can't wait to tell you all what fun events we have planned!

We want to thank and acknowledge our predecessor Anh and look forward to building upon all the wonderful work done so far over the last few years.

We ask for you to please keep the youth of our Church and this parish in your prayers. We can't wait to meet everyone in our parish community. Please come say hi to us. We would love to get to know you and your thoughts about anything you want to bring into this community.

Know of our prayers for you. We can't wait to journey together in this year ahead growing closer in community and closer to our Lord. Praying as a parish community we continue to be strengthened in the grace and mercy of God this lent.

Andre and Chiara

**ONE WEEK TO GO!**

*50th Anniversary Dinner*

Friday, March 17 | 7 PM | Haydon Hall

Tickets are selling fast!  
Sales will close on Wednesday unless sold out before.

Book via the QR code below or through  
www.trybooking.com/events/landing?eid=1017990&

# NOTICES

## PARISH MINISTRIES

### Director of Music

*Ms Jaki Kane*

### RCIA

*Miss Becky Langworthy  
Contact Office*

### School of Religion

*Miss Chiara Catanzariti*

#### Weekly Liturgical Calendar

Mon Mar 13 3rd Week of Lent  
Tues. Mar 14 3rd Week of Lent  
Wed. Mar 15 3rd Week of Lent  
Thurs. Mar 16 3rd Week of Lent  
Fri. Mar 17 3rd Week of Lent  
St Patrick's Day  
Sat. Mar 18 3rd Week of Lent  
Sun. Mar 19 4th SUNDAY of LENT

#### PARISH GROUPS

**Legion of Mary**  
*Monday at 5.30pm  
(Haydon Hall)*

**St Vincent de Paul**

**Good Shepherd Prayer Group**  
*Wednesday at 7pm SPC  
Parish Room (Feb-Dec)*

**Christian Meditation**  
*Saturday at 4:30pm SPC*

#### Other Communities

**Spanish Community**  
*First Sunday of the month at  
11.30am SPC*

**African Community**  
*Second Sunday of the month at  
11.45am SPC begins Feb.*

**Filipino Community**  
*First Sunday bi-monthly at  
5.00pm SPC*

**For details of any of the  
above, contact the Parish  
Office.**

### LENT — STATIONS OF THE CROSS

5:00pm, EACH FRIDAY in LENT.  
Saint Christopher's Cathedral



- Good Friday is a day of fasting & abstinence (no meat).
- Fridays during Lent are obligatory days of abstinence.
- The law of fasting binds those who have completed their eighteenth year, until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year. In Lent, we omit the "Alleluia" at Mass.

**PLEASE NOTE—** There will be no 10am Mass at SPC Thursday 16 March

**CHRISM MASS** – Join the Archbishop and the Clergy of the Archdiocese on Monday 3 April 5.00pm in St Christopher's Cathedral, for this most important Holy Week ceremony. It is this Mass that the **Holy Oils** used in the various Sacramental Rites of the Church are blessed and consecrated. Everyone is most welcome.

**SCHOOL OF RELIGION—** Confirmation classes start **Thurs 27 April, 6pm-7:30pm** in St Peter Chanel's Parish Room, Yarralumla. Please contact the office to enroll or for more info. Confirmation will take place on Sat 27 May 2023 at 5pm. 1st Reconciliation starts 1 June for 28 June and First Eucharist starts 27 July for 20 August.

**RITE OF THE ELECT—** We CONGRATULATE all those who, from around the Archdiocese, were welcomed by Archbishop Christopher in the Rite of Election last Sunday. We joyously welcome and continue to pray for all preparing for Baptism and full communion with the Catholic Church this Easter.

**First Vespers for the Feast on the Annunciation—**Join us Friday night, the 24th of March, for the age old tradition of the Church, in vespers, honouring the feast of the Annunciation. 5pm-6pm adoration and confession. 6pm Vespers, 6:30pm benediction and finish.

**HELP FOR A YOUNG MUM – THANKYOU TO ALL WHO HAVE DONATED** – A deep and sincere Thankyou to all who have so generously given to our *HelpMum* appeal. The response has been very humbling. You can still donate over the next few weeks. One of our beautiful mums from St Bede's, is facing the aggressive cancer, sarcoma; impacting about 1 in a million. The sarcoma started in her right thigh, but soon metastasised to both lungs. Any donations are greatly appreciated that she might continue treatment, and be granted as much time with her children as possible (Yr 4 and Yr 1). Donations can be made to Parish Account (2nd Collection) with the Subject Line *Helpmum\_surname* Thank you for your support

**PALM SUNDAY RALLY 2023—** Vinnies supports refugees and asylum seekers who've been on temporary visas for a decade. So, we welcome the Government's announcement of a pathway to permanent residence for 19,000 of these people. Yet, still thousands are unable to seek permanent protection in a fair and timely way. Vinnies invites you to join the Palm Sunday Rally, Garema Place, 1.00pm on 2 April. There we'll call for "Permanent Protection for All", so that these remaining people can re-build their lives free of fear and uncertainty. - Tim McKenna, *Vinnies Refugee Support*, Canberra-Goulburn



# NOTICES

**Giving and Receiving**— Direct debit and QKR options are available, as well as TapnGo machines **Thank you sincerely for your generosity.** If you are able, perhaps consider donating to 1st and 2nd collection via direct debit . **The First collection: contributes to clergy of the Archdiocese.** If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL  
Bank Account: 000029248 Reference: FORREST & SURNAME

**The Second collection: contributes to parish mission and maintenance.** If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral  
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);  
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! instructions, visit [cgcatholic.org.au/2016/10/something-beautiful-god/](http://cgcatholic.org.au/2016/10/something-beautiful-god/) **Thank you for your generosity**

**PROJECT COMPASSION APPEAL 2023** – Please take a *Project Compassion* box or set of donation envelopes to support *Caritas Australia* this Lent. You can donate at [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion), or at 1800 024 413. “The future starts today, not tomorrow.” – St Pope John Paul II Together, we can help vulnerable communities face their challenges today & build a better tomorrow, for All Future Generations.

**ARCHBISHOP LAUNCHES THE YEAR OF WALKING TOGETHER**— Find the Archbishop's full letter on our website :) [cg.org.au/cathedral/Home.aspx](http://cg.org.au/cathedral/Home.aspx)

**CARETAXI: SAFE CHURCH TRANSPORT**— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit [caretaxi.com.au](http://caretaxi.com.au), or 0451 734 334.

**PALMS AUSTRALIA** seeking a variety of professionals and trades to share their skills with willing learners in Asia, Africa and the Pacific. Check out stories of Palms' work at [palms.org.au](http://palms.org.au). 92 9560 5333 or 0422472567

**'TRIUMPH'** - Diocese of Wollongong 2023 Lenten program. Available from the *Catholic Bookshop*.

**HOW'N SHINE 2023** - Holy Trinity Curtin, carpark on Sunday, 26 March, following morning Mass at 8.30am. Proceeds raised in conjunction with ACT Street Machine Association to assist Camp Quality.

**SEEKING HISTORIC PHOTOS**—Please send copies of your historic photos (with description) of Saint Christopher's, to [cathedral@cg.org.au](mailto:cathedral@cg.org.au). These will form part of a display for our anniversary year.

**SPIRITUALITY MORNING**—Audio Visual Presentation “Falling Upward” by Fr Richard Rohr. An insightful understanding of our journey as we grow Spiritually, highlighting the richness of what he calls the ‘Second Half of Life.’ **Monday 20 March 10am-12pm** Sisters of Mercy Community Centre Phillip. Further details/registration, contact Sr Lorraine at [lorraine.cupitt@gmail.com](mailto:lorraine.cupitt@gmail.com)



## *Year of Walking Together*

The Risen Lord walked together with the disciples on the road to Emmaus, drawing them from anxiety to hope, from confusion to joy.

Jesus, centre of our common Emmaus walk, with You alone to guide us, make Your home in our hearts; as we pour “new wine into fresh wineskins” (Mk 2:22) Like Mary, imbued by the Holy Spirit, may we give birth to a renewed faith and united pastoral action in this Archdiocese in the years ahead. St Mary of the Cross, our Great Australian Intercessor pray for us. Mary, Mother of the Church, pray for us. All Saints of God, who name and guide our parishes, pray for us.  
Amen.

### **We pray for...**

**Those to be baptised:** Sonny Nolan, Zoe de Souza-Pitcher, Siena Santosuosso

**Those to be married:** Alicia Fletcher and Francesco

**Wedding Anniversary :** Claudia and Claudio Mastronardi

**Those who are ill:** Tony Kelly, Susie Menadue, Geraldene Ford, Kevin & Geraldine Conlon, Maja Marija Olip, McKenzie Killian, Fr Bill, Leung Man Kon, Beryl Johnson, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Anthony, Paul Mychailuk, Kalum, Nicholas Dyne.

**Anniversaries of death:** Anthony Tuskens, Joan Burton, Amparo C de Baez, Patrick Charles & Kerry Agnes Purcell, Annie Duffy, Edrie Mary Duffy, Ralph Martin, Muriel Robbie, Raffaele Franze, Austin Burns, May Ledger, William Lloyd Alick Roberts, Jean Elizabeth Lennon, Catherine Semecky, Kevin Cranwell, Michael Conroy, John Hipwell, Jose Gonzales, Constance Jones, Keith McLaughlin, Shirley Evans, Anthony Donohoe, Nuala Kelly, Maura Kelly, Bri Humphreys, Alberto Alfredo Bonansea, Claudia De Salazar, Zoa Molina, Jose Rafael Naar Salazar, Javier Family

**Recently Deceased:** Amelia Ciampa, Leon Gerathy, Bishop David O'Connell, Hayden Marsh, Clara Yee, Victims in Syria & Turkey, displaced and refugees from Ukraine, Remziye Yucel, Shelley Cameron, Tom McClelland, Father Neville Drinkwater OAM, Giuseppe Paragalli, Sheila Langtry, Clare Broe (nee Scully), Jim Molan, Colleen Phillips, Renato Cervo, George Save, Maria Honchera, George Cardinal Pell, Denise Schmidt, Benedict XVI, Vince Kane

## 3rd Sunday of Lent –Year A — 11/12 March



Cathedral QR code

**Entrance Antiphon:** My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor

**Responsorial:** If today you hear his voice, harden not your hearts

**Gospel Acclamation:** Glory to you, Word of God, Lord Jesus Christ! Lord, you are truly the Saviour of the world; give me living water, that I may never thirst again. Glory to you, Word of God, Lord Jesus Christ!

**Communion Antiphon:** For anyone who drinks it, says the Lord, the water I shall give will become in him a spring welling up to eternal life.

### First Reading

**Ex 17:3-7**

Tormented by thirst, the people complained against Moses. 'Why did you bring us out of Egypt?' they said. 'Was it so that I should die of thirst, my children too, and my cattle?' Moses appealed to the Lord. 'How am I to deal with this people?' he said. 'A little more and they will stone me!' The Lord said to Moses, 'Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.' This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, 'Is the Lord with us, or not?'

### Second Reading

**Rom 5:1-2. 5-8**

Through our Lord Jesus Christ by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. This hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

### Gospel

**(Longer version Jn 4:5-42) Jn 4:5-15, 19-26, 39-42**

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' His disciples had gone into the town to buy food. The Samaritan woman said to him, 'What? You are a Jew and you ask me, a Samaritan, for a drink?' – Jews, in fact, do not associate with Samaritans. Jesus replied: 'If you only knew what God is offering and who it is that is saying to you: Give me a drink, you would have been the one to ask, and he would have given you living water.' 'You have no bucket, sir,' she answered 'and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?' Jesus replied: 'Whoever drinks this water will get thirsty again: but anyone who drinks the water that I shall give will never be thirsty again: the water that I shall give will turn into the spring inside him, welling up to eternal life.' 'Sir,' said the woman, 'give me some of that water, so that I may never get thirsty and never have to come here again to draw water. I see you are a prophet, sir. Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.' Jesus said: 'Believe me, women, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we do know; for salvation comes from the Jews. But the hour will come – in fact it is here already – when true worshippers will worship the Father in spirit and truth: that is the kind of worshiper the Father wants. God is spirit and those who worship must worship in spirit and truth.' The woman said to him, 'I know that Messiah – that is, Christ – is coming; and when he comes he will tell us everything.' 'I who am speaking to you,' said Jesus 'I am he.' Many Samaritans of that town had believed in him on the strength of the woman's testimony, so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, 'Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.'

### READERS ROSTER MARCH

		Lectors		Eucharistic Ministers	
Mass	11/12 March	18/19 March	11/12 March	18/19 March	
5.00pm (SCC)	Ruth Meadows Crystal Lavien	Becky Langworthy Stewart Unwin			
6.00pm (SPC)	Felicity de Fombelle Mike Nash	Tarinya Hannedege Melissa Dixon			
8.00am (SCC)	Ceciley Matthews Phil Pocock	Phil Pocock Les Buszynski			
9.30am (SPC)	Dominic Chin Clarice Poh	Raphael Molu Damian Balachandran			
11.00am (SCC)	Mark Hyman Jacqueline Hipwell	Leeann Galloway Jacqui Ramesh	Bronwen Grey Mark Hyman		Edwina Hyman Bronwen Grey
5.00pm (SCC)	Solange Pereira Kevin Woods	Rebekah O'Meagher Anthony Brierley18/			

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**St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla**